



Penguins are birds that cannot fly. Their wings are flippers which they use to help them swim up to 15 kms , or 10 miles, per hour. They also use their flippers for balancing as they walk.

Penguins eat fish. They spend most of their time in the water looking for food. However, penguins lay their eggs and raise their young on land.

There are many different kinds of penguins. Emperor penguins are the largest species of penguin and can grow to about 4 feet tall and weigh up to 35 kilograms. Some other penguins are the Little Blue penguin, the Macaroni penguin, and the Adelie penguin.

Write out this paragraph and fill in the blanks:

A penguin is a _____. It can swim up to _____ .
Penguins like to eat _____. They spend most of their time in _____ .
The _____ penguin is the largest of the _____ .
Even though they are birds penguins cannot _____ .

